

1. The sports hall facilities are primarily intended for sports events, but may also host fairs, concerts, and similar events.
2. Outdoor shoes are strictly prohibited in the sports facilities and on the 2nd floor balcony. Violation may result in a ban.
3. Each training or competition session must have a supervisor appointed by the session organizer to ensure compliance with the rules.
4. Time for dressing and showering is generally 20 minutes before and after each session. Hair dyeing and body hair shaving are not allowed in these areas.
5. All forms of vandalism are prohibited, and the hall has the right to seek compensation. Group leaders are responsible for their groups.
6. Being under the influence of intoxicants or other drugs in the hall is forbidden. This includes snus, cigarettes, and e-cigarettes (vapes). Staff has the right to remove intoxicated or disruptive individuals.
7. Bringing fragile items or chewing gum into the facilities is prohibited.
8. Unnecessary opening of emergency exits triggers an alarm (siren!). A fine of up to €100 may apply.
9. All users enter the sports hall at their own risk and are responsible for their belongings (lockers are available). The throwing areas involve risks and are used at one's own responsibility.
10. Lost items should be handed to staff. The hall is not responsible for items left behind.
11. Training equipment must be cleaned and returned after use. Any damage or fault must be reported immediately to staff.
12. Access to the gymnastics hall and halls 1 and 2 is via the connecting bridge. It is illegal to film in toilets, showers, and changing rooms (Criminal Code Chapter 24, Section 6). Filming in other areas is only permitted with staff approval and the consent of those being filmed (filming one's own training and streaming one's own matches is generally allowed).
13. Anyone who violates these rules or fails to follow staff instructions may be asked to leave and may be banned from the facility for a set period.
14. In addition to these rules, staff may provide additional area-specific instructions.